

Beach Week



Beach Hut Craft:

What you need

Lolly sticks
Card
PVA glue
Paints



Make your own design using the sticks. You can make a 2D design or a 3D design depending on how many sticks you have. Have a look at the pictures for some inspirations and ideas.



Beach Ball Volley Ball

If you have a garden then all you need is a beach ball and some string to use as a net. If you don't have a garden you can always play in a larger room with a balloon if your parents are happy for you to do that. You can also use a balloon inside a cushion case or small pillow case if you have no beach ball. Any light ball should work.

Volley Ball rules: <https://www.rulesofsport.com/sports/beach-volleyball.html>

Obviously these are for a proper team and court size however in principle a simple game is:

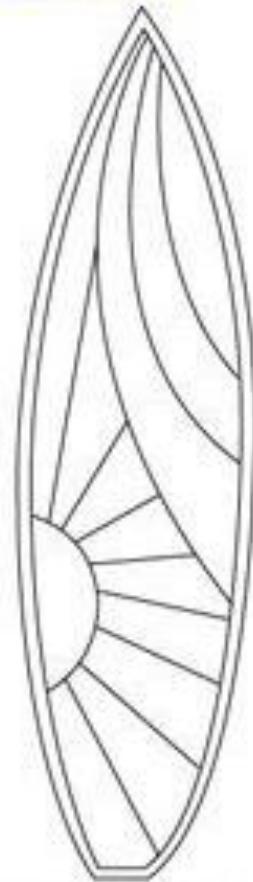
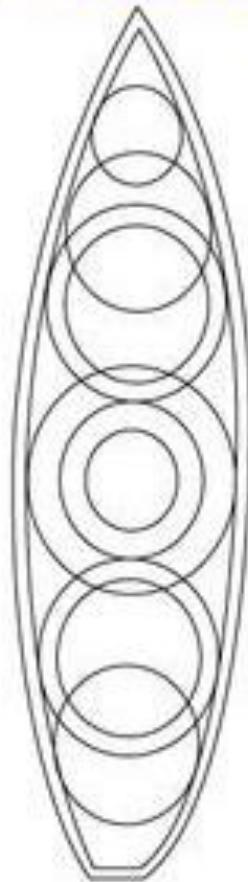
- Aim of the game is that the ball touches the ground on your opponent's side which gets you the serve or a point.
- Toss a coin to see who serves first. First player serves. If the ball touches the ground on opponent's side first player wins a point if on first player's side then second player wins the serve.
- Decide how many points you have to get up to. First to 10 points or 20.
- A player is only allowed to hit the ball a maximum of 3 times on their side before it goes over to the opponent's.
- Have fun, it's an energetic game.



Surf Board Design

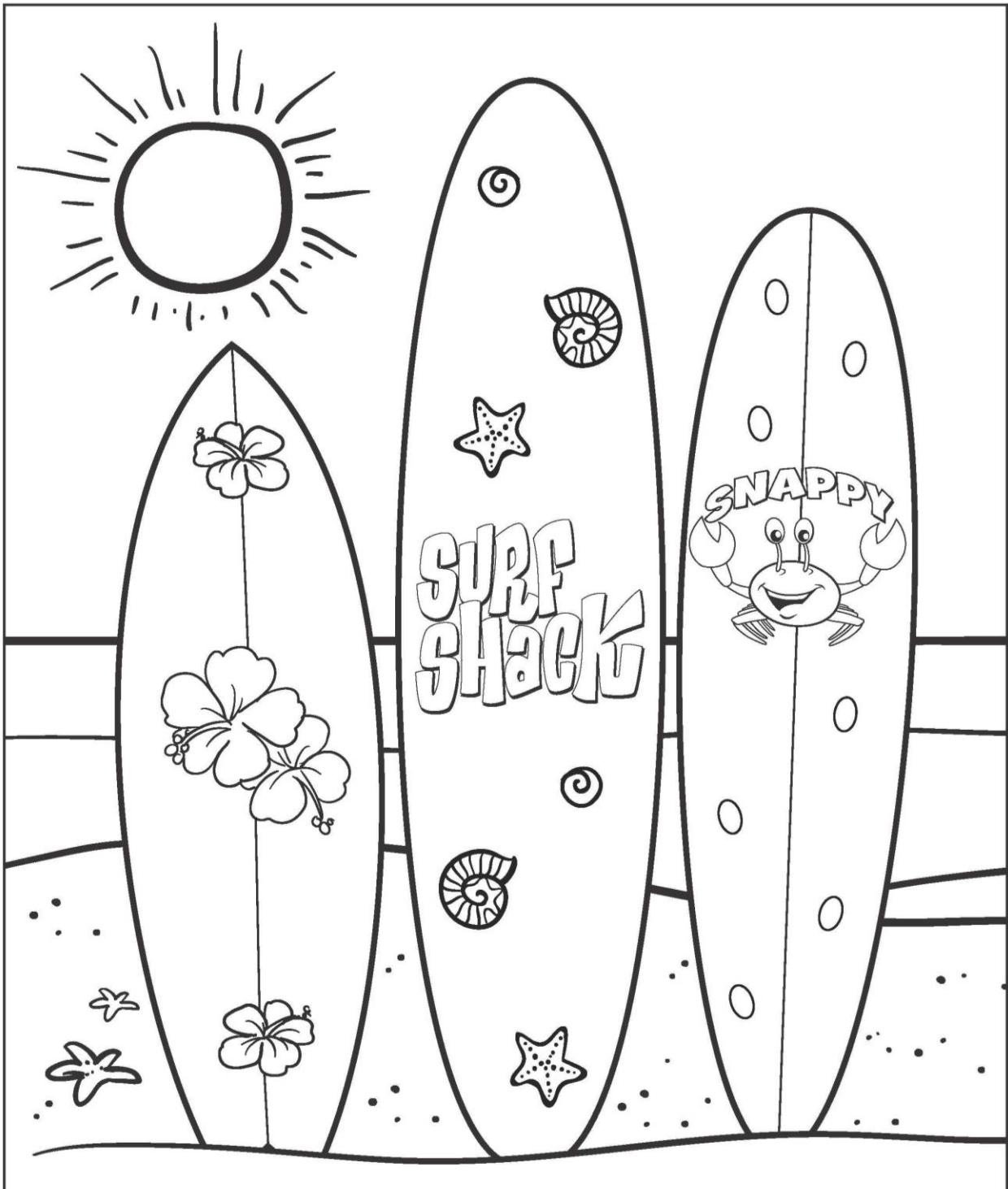
Everybody's Gone Surfin'!

colour these



now design your own!







Surf Board Biscuits

Ingredients

- 250g butter softened
- 140g caster sugar
- 1 egg yolk
- 2 tsp vanilla extract
- 300 g plain flour



Method

- Mix 250g softened butter and 140g caster sugar in a large bowl with a wooden spoon, then add 1 egg yolk and 2 tsp vanilla extract and briefly beat to combine.
- Sift over 300g plain flour and stir until the mixture is well combined – you might need to get your hands in at the end to give everything a really good mix and press the dough together.
- Use a rolling pin on a surface with sifted flour and cut out surf board shapes.
- Bake in oven at 160 C for 15 minutes
- When cooked place on cooling rack.
- When cool decorate with icing and icing pens.

You can use the designs you made for the surf boards in the previous activity or just make up some new ones.





Seagull Craft

You will need:

Paper plate
Yellow card
Black felt-tip



If you have any Hama beads have a go at making this design of a seagull.



Make an origami seagull follow the link:

<https://www.pinterest.co.uk/pin/297308012873673411/>

This is quite tricky but patience and perseverance will result in an amazingly beautiful origami model of the seagull. Let us see your models if you achieve it. Send photos to admin@115club.co.uk

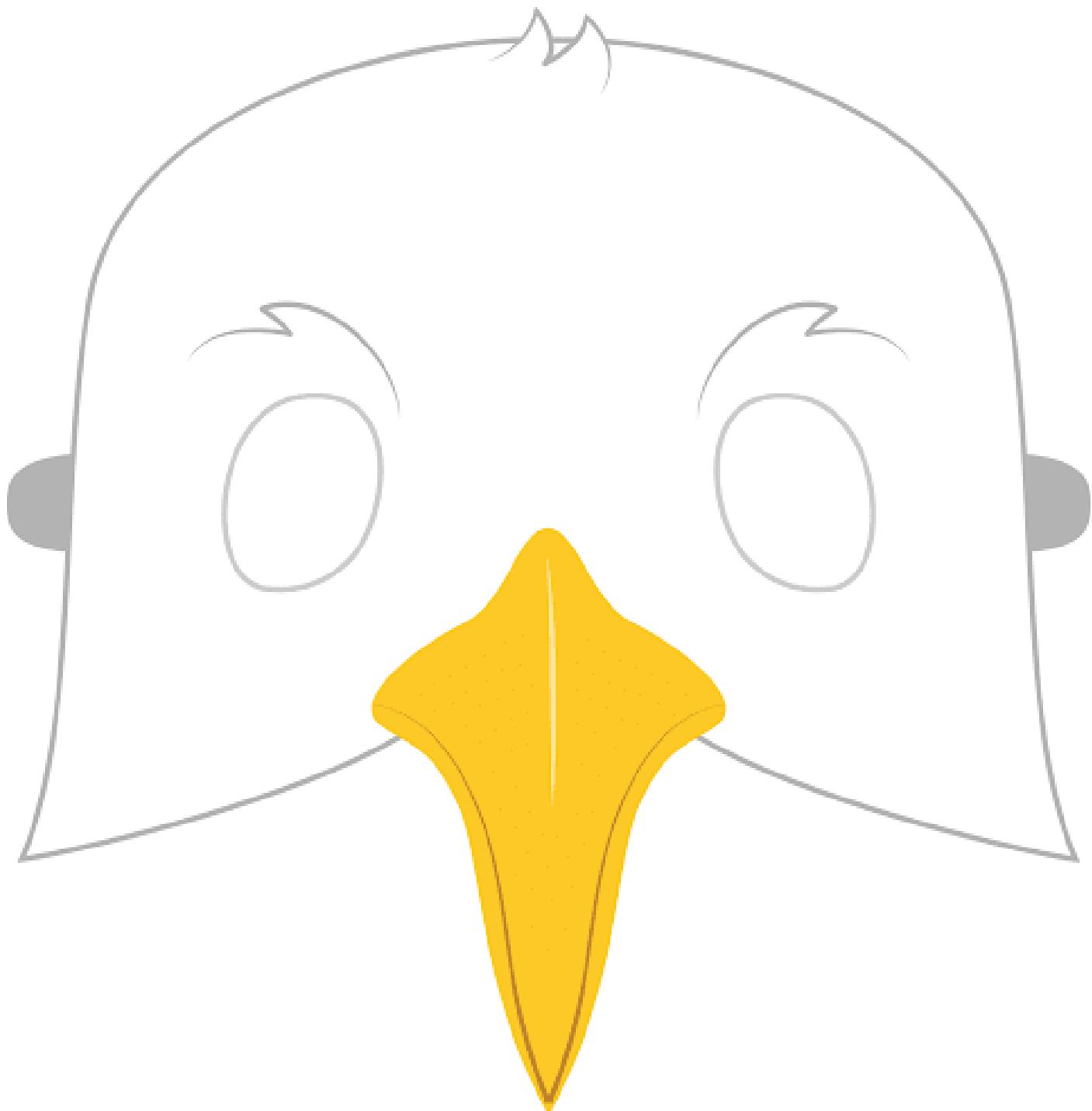


Here is a slightly easier origami model <https://www.youtube.com/watch?v=Bdn3iE2G4jo>





Seagull Mask





Shell & Pebble Art

If you get a chance to go to the beach, collect up a few pebbles, shells, drift wood and any other items and see what kind of picture you can create. Send photos to admin@115club.co.uk . You'll probably need some PVA glue or a glue gun. Please use this with supervision.



Sand





Sand Castle Cake

Ingredients:

For cakes:

225g soften butter
225g caster sugar
4 large eggs
1 tsp vanilla extract
225g self-raising flour
Splash of milk

These ingredients can make a cake

Big enough to 8 to 10 servings.

Depending on how many layers you want

your sand castle to be make 2 of these and cut them to different shapes to add to your tower.



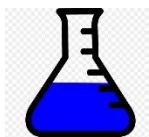
For decorations

Digestive biscuits or biscuits of choice to be crumbled for sand
Butter icing (140g butter, 280g icing sugar, 1-2 tbsp milk, $\frac{1}{4}$ tsp vanilla extract)
Ice cream cones or cup for turrets
Ice cream wafers
Mini marshmallows for pebbles
White chocolate for shells and star fish (moulds required)

Method:

- Cook cakes at 160C for 25 to 30 mins then allow to cool
- Cut in to shapes to arrange your sandcastle design
- Use butter icing or jam to stick together
- Cover with butter icing
- Sieve or sprinkle biscuit crumbs to create sand effect
- Decorate with turrets and shells and pebbles

Don't forget to take a photo of your finished cake before you eat it!



Magic Sand

This is great to play with in water. Here is a way you can make your own.

<https://www.thoughtco.com/how-to-make-homemade-magic-sand-607824>

Magic Sand Materials

Basically, all you need to do is coat the sand with a waterproofing chemical. Just gather:

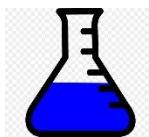
- Clean sand
- Waterproofing spray (such as Scotchguard)

Method

- Please ensure that you have adult supervision and are in a ventilated space
- Place sand in a tray and evenly spray the surface of the sand with the waterproofing chemical. You may need to shake the tray of sand to expose untreated surfaces. You don't have to drown the sand in the chemical—you'll have enough once the sand changes from looking dry to appearing wet.
- Allow the sand to dry.
- That's it. Pour the sand in water and it won't get wet.

It takes a bit longer for drying time but you can also use PVA glue diluted in water in a spray bottle to achieve the same.





Kinetic Sand

This sand is great for using to mould into shapes.

<https://www.growingajeweledrose.com/2015/01/homemade-kinetic-sand.html>

Recipe

- 1 cup of play sand
- 1/2 tbsp corn starch
- 1 tsp washing up liquid soap
- 1 cup of water (*added as needed*)

Method

- Begin by combining the play sand and corn starch in a large bin or container.
- Mix well.
- In a separate container combine 1 cup of water with 1 tsp of dish soap, and stir until the water is bubbly.
- Then, slowly add the water-mixture to the sand/corn starch and mix well.
- Mix well adding a little water at a time
- Continue to add more water & mix until the desired consistency is reached.

Tips & Storage:

- Store your homemade kinetic sand in an air-tight container between play times, and it can be used again & again.
- If the sand dries out between play add a touch of soapy water & mix it into the sand. This will restore it to the desired consistency.

